



SUMMER HEALTH PROFESSIONS EDUCATION PROGRAM

Shaping Careers. Changing Lives.

The SHPEP Connect is a quarterly newsletter created by SHPEP alumni board members. The March 2019 edition is available below. The newsletter is to be used as a resource to keep alumni engaged and disseminate useful information and updates to all program alumni from MMEP, SMEP, SMDEP and SHPEP iterations of the program. For important tips and tools for your health professional education, all program scholars are encouraged to subscribe to the quarterly newsletter.



Did You Know?

Learn about some programs and ideas that could support you as you pursue a career in the healthcare professions.

Considering a Gap Year?

Do you need some additional time to further prepare for medical school? Look at some useful information about how to spend your gap year, directly from the AAMC website!

[Is a Post-Bacc Program Right for Me? Seven Benefits to Consider](#)
[Making the Most of Your Gap Year](#)

Careers in Healthcare

Learn more about the health profession that is best for you!

We've provided some website links that could support those seeking a nontraditional path into the healthcare professions.



[This particular site](#) provides more cliché types of careers in healthcare with income and prerequisites.

[This particular site](#) is for unusual and/or nontraditional healthcare careers that most people never heard about, but may want to consider.

Alumni Career Advice

Career advice and tips that may contribute to your interprofessional and career development.



[Reapplying to Med School](#)
[Five Tips for Finding and Working with a Mentor](#)

On Your Pathway to Success

Alumni members share lessons learned and useful words of wisdom with scholars working towards a successful career in the health professions.

Inspirational Words Directly from a SHPEP Alumni Board Member

By: Jazmin Villavicencio



If you are reading this, you are likely interested in pursuing a successful career in healthcare. Regardless of what role you play or will play to improve the health and wellbeing of people in the US, it is important to be open to learn and heed to words of wisdom from others who have gone before you.

Becker's Hospital Review released an article titled "[10 healthcare CEO's best advice, career tips for the class of 2016](#)," and while this article was published three years ago, the advice from these health care leaders still stands true today. For that reason, I wanted to share the article. Hope you enjoy.

News for You

Alumni Updates and Resources



Program Alumni Encouraged to Apply to the Pamies Scholarship Fund

The SHPEP National Alumni Advisory Board is proud to announce the second annual Ruben J. Pamies, M.D. Opportunity Fund application cycle. This fund was created in memory of the late Dr. Pamies, who showed a deep commitment to eradicating health disparities, mentorship, and encouraging underrepresented minorities to join the healthcare professions. Each year, four outstanding applicants to the fund's scholarship are selected to receive an award of \$500, which can be used to defray the cost of test preparation, fees, and other such application expenses. To be eligible for the scholarship, an applicant must be an alum of SHPEP, SMDEP, SMEP, or MMEP. Additionally, the applicant must be in the process of applying to a health professional school (medical school, dental school, a doctoral program, etc.). Applications will be judged based on the applicant's demonstration of a commitment to eliminating health disparities, past achievements, and financial need. Last year, winners were selected from a pool of over two hundred applicants. Potential applicants are encouraged to share their personal and academic journey, and how winning the scholarship will assist them in achieving both their short- and long-term career goals. **The application opens March 1st and closes April 1st at 11:59 pm EST.** Winners will be notified the week of April 24th.



[APPLY TODAY](#)

**Participate in the Alumni Survey
Let's Stay Connected with You!**

Are you alumni of the MMEP, SMEP, SMDEP or SHPEP initiative? The National Program Office (NPO) encourages you to take a few minutes to complete the Alumni Survey. This year marks the 30th anniversary of the SHPEP initiative and the NPO is committed to reconnecting with its estimated 25,000+ alumni across the country and in various healthcare professions. Please complete the survey today and spread the word to your friends and colleagues who have participated in the program. It should take less than 10 minutes to complete and will make a lasting impact on the alumni-based resources and support we provide scholars in the future.

[SHARE FEEDBACK](#)

The survey closes July 12, 2019.